WHEN YOU NEED MEDICAL ATTENTION

Your Primary Care Physician (PCP) office is your Medical Home and is the first place to call with any health care needs and questions. Your physician has your history and is often able to help you.

PRIMARY CARE PHYSICIAN



Reasons to see your Primary Care Physician include:

Chronic Conditions like:

- Hypertension/High Blood Pressure
- Diabetes/High Blood Sugar
- High Lipids/Cholesterol
- Heart Disease
- Arthritis
- Depression

Acute Conditions like:

- Headache and/or fever
- Urinary tract infection
- Minor injuries
- Low back pain

Coordination of Care

- After Hospital, Skilled Nursing Home or Home Health Discharge
- After ER Evaluation

Benefits of visiting PCP

- Low copay for most plans
- Medical history is available
- Established relationship with your physician and clinical staff

DOCTOR ON DEMAND



Reasons to use a video visit with a physician include:

- Cough, cold or flu
- Minor strains & sprains
- Bronchitis & sinus infection
- Skin & eye issues
- Upset stomach
- Urinary tract/bladder infections
- Rashes
- Pediatric issues
- Psychological issues
- Visit with a licensed therapist

Benefits of using Doctor On Demand:

- Low copay and 24/7 hours
- Board certified physicians
- Licensed psychologists
- Use smartphone or tablet
- Available throughout U.S.
- Use when PCP/EHCC are unavailable to you

Download the app from the App Store on your smartphone or tablet today!

EXTENDED HOURS CARE CENTERS



Reasons to visit an EHCC include:

- Acute minor trauma
- Cough, cold or flu
- Strains & sprains
- Minor allergic reactions
- Immunizations
- Low back pain
- Placement of stitches for a cut/laceration
- Removal of stitches
- Urinary tract/bladder infections

Benefits of visiting an EHCC:

- Multiple locations in Volusia and Flagler Counties with physicians and advanced practitioners
- WorkForce Wellness rider is accepted
- Same-day appointments
- Shorter wait time
- Significant savings over ER

If your local FHCP Extended Hours Care Center is closed, please consider visiting the nearest FHCP participating Urgent Care Center.



EMERGENCY ROOM

🕂 EMERGENCY 📫

Reasons to visit the Emergency Room include:

- Any life-threatening emergency
- Any severe illness or injury
- Unresponsiveness
- Chest pain
- Weakness on one side
- Inability to speak
- Spine or head injury
- Mental status change
- Difficulty breathing
- Uncontrolled bleeding
- Poisoning



EXTENDED HOURS CARE CENTERS

VOLUSIA/FLAGLER/ST. JOHNS COUNTY

SOME REASONS TO VISIT EXTENDED HOURS CARE CENTERS



- Low back pain

cut/laceration

- Removal of stitches

- Placement of stitches for a

- Urinary tract/bladder infections



SOME REASONS TO VISIT THE EMERGENCY DEPARTMENT

- Any life-threatening emergency
- Any severe illness or injury
- Unresponsiveness
- Chest pain
- Weakness on one side
- Inability to speak
- Spine or head injury
- Mental status change
- Difficulty breathing
- Uncontrolled bleeding
- Poisoning

VISITING FHCP'S EXTENDED HOURS CARE CENTERS OVER THE EMERGENCY ROOM CAN SAVE YOU TIME & MONEY!

FHCP - Daytona Beach

- Acute minor trauma

- Minor allergic reactions

- Cough, cold or flu - Strains & sprains

- Immunizations

350 N. Clyde Morris Blvd. Daytona Beach, FL 32114 *386-238-3221* Mon - Fri: 7:00 a.m. - 7:00 p.m. Sat: 8:00 a.m. - Noon

FHCP - DeLand

937 N. Spring Garden Ave. Deland, FL 32720 *386-736-1948* Mon - Fri: 7:00 a.m. - 7:00 p.m. Sat: 8:00 a.m. - Noon

FHCP - Edgewater

239 N. Ridgewood Ave. Edgewater, FL 32132 *386-427-4868* Mon - Fri: 7:00 a.m. - 7:00 p.m. Sat: 8:00 a.m. - Noon

FHCP - Orange City

2777 Enterprise Rd. Orange City, FL 32763 **386-774-2550** Mon - Fri: 7:00 a.m. - 7:00 p.m. Sat: 8:00 a.m. - Noon

FHCP - Ormond Beach

461 S. Nova Rd. Ormond Beach, FL 32174 **386-671-4337** Mon - Fri: 7:00 a.m.- 7:00 p.m. Sat: 8:00 a.m. - Noon

FHCP - Port Orange

740 Dunlawton Avenue Port Orange, FL 32127 386-763-1000 Mon - Fri: 7:00 a.m.- 7:00 p.m. Sat: 8:00 a.m. - Noon CALL FHCP CENTRAL SCHEDULING AT **386-676-7198** TO SCHEDULE AN APPOINTMENT AT ONE OF OUR FHCP FACILITIES

Advanced Urgent Care-Port Orange

1690 Dunlawton Ave., Ste. 120 Port Orange, FL 32127 **386-271-2273** Mon- Fri: 7:00 a.m.- 10:00 p.m. Sat & Sun: 9:00 a.m.- 7:00 p.m.

MediQuick Walk-in Clinic

140 Pinnacles Dr. Palm Coast, FL 32164 *386-597-2829* Mon - Fri: 8:00 a.m.- 6:30 p.m. Sat: 8:00 a.m.-5:30 p.m. Sun: 10:00 a.m.-4:30 p.m.

MediQuick Walk-in Clinic

6 Office Park Dr Palm Coast, FL 32137 **386-447-6615** Mon - Fri: 8:00 a.m.- 7:30 p.m. Sat: 8:00 a.m.-5:30 p.m. Sun: 8:00 a.m.-2:30 p.m.

CareFast+

110 Health Park Blvd. St. Augustine, FL 32086 *904-823-3401* Mon - Fri: 8:00 a.m.- 8:00 p.m. Sat & Sun: 8:00 a.m.- 6:00 p.m. Avoid unnecessary, costly Emergency Room visits, and save time by using an Extended Hours Care Center (EHCC). EHCC locations offer same-day appointments and are conveniently located throughout the community

For additional questions, please contact Member Services **Commercial Members:** 386-615-4022 or 1-877-615-4022 (TTY: 1-800-955-8770). 8:00 a.m.- 8:00 p.m. local time, Monday-Friday.

Medicare members: 1-833-866-6559 (TTY: 1-800-955-8770), 8:00 a.m.- 8:00 p.m. local time, 7 days a week from October 1- March 31, except for Thanksgiving and Christmas. From April 1 – September 30, our hours are 8:00 a.m.- 8:00 p.m. local time, Monday-Friday.

For a complete list of Urgent Care centers, please visit:

Commercial Members:

www.fhcp.com/providersearch Medicare members: www.fhcpmedicare.com/providersearch



HMO coverage is offered by Florida Blue Medicare, Inc., DBA FHCP Medicare, an Independent Licensee of the Blue Cross and Blue Shield Association. FHCP Medicare is administered by Florida Health Care Plan, Inc.

WE SEE HEALTH CARE FROM A DIFFERENT POINT OF VIEW - YOURS!

386-676-7110 | wellness@fhcp.com

10131_ALL 0224R11 Last updated 02-07-2024