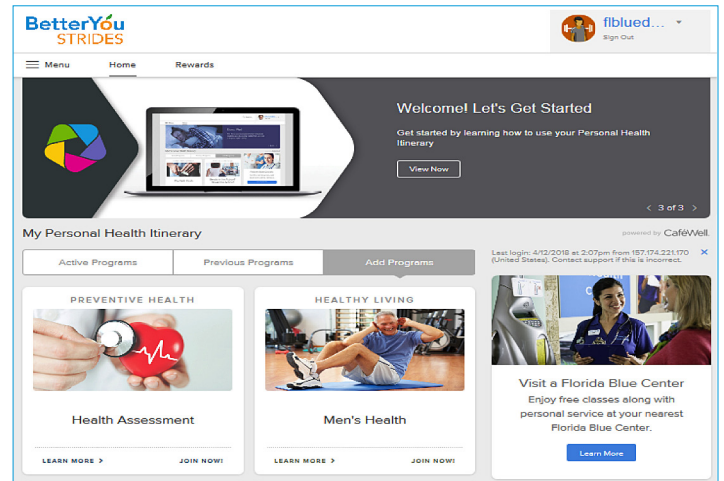
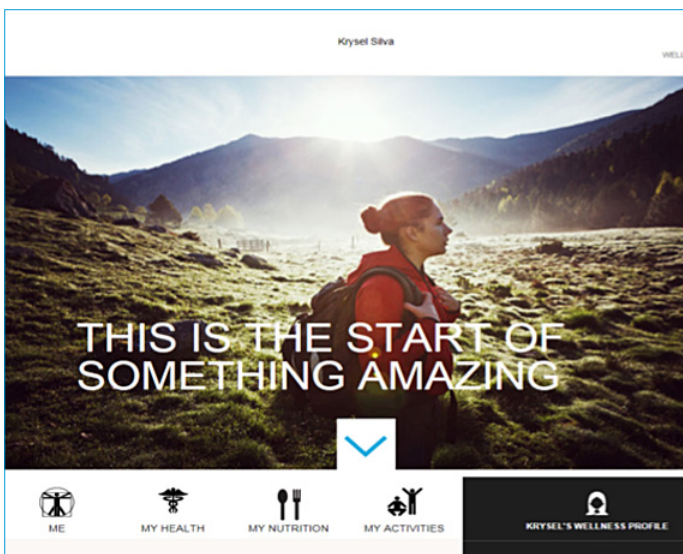


## How to Complete your Health Assessment

1. Login to your account
2. Select Add Programs Tab
3. Find the Health Assessment WellCard and click on join now/get started
4. The Health Assessment WellCard will be now be added to your Active Programs tab
5. On the Health Assessment WellCard, click show activities/take Health Assessment
6. Your completed Health Assessment will be located under Previous Programs



### Complete all Health Assessment questions



### View your wellness report

