

Interests to Majors Self Test

Holland Codes

Career interests can be thought of in terms of six MAJOR codes. They are:

- R**ealistic “Doers”
- I**nvestigative “Thinkers”
- A**rtistic..... “Creators”
- S**ocial..... “Helpers”
- E**nterprising..... “Persuaders”
- C**onventional..... “Organizers”

These codes can then be linked to college majors to help narrow down your interests and help you to make a decision on the right major for you.

Self-Test

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|-----|----|-----------------------------------------------------------------------------------------------------------|-----|----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| YES | NO | 1. I prefer to work in a casual environment and prefer action to words. | YES | NO | 14. I enjoy activities that require mechanical or physical skills; working with things more so than ideas or people. |
| YES | NO | 2. I perceive myself as having mathematical and scientific abilities. | YES | NO | 15. I might describe myself as creative, emotional or impulsive. |
| YES | NO | 3. I love new ideas and value feeling, imagination, and self-expression. | YES | NO | 16. I generally get along well with others and like working in teams that are free of conflict. |
| YES | NO | 4. I consider myself independent, inquisitive, intellectual, and logical. | YES | NO | 17. I might describe myself mostly as cooperative vs. competitive. |
| YES | NO | 5. I am sensitive to the needs of others and usually find myself solving others' problem. | YES | NO | 18. I enjoy tasks that allow me to put principles and procedures to work. I am good with details and accuracy. |
| YES | NO | 6. I excel under pressure and enjoy persuasion; winning people over to an opposing position. | YES | NO | 19. I might describe myself as assertive, ambitious, confident and political. |
| YES | NO | 7. I am a born organizer, including my checkbook, school calendar, social calendar, or my job. | YES | NO | 20. I have good interpersonal skills and enjoy finding ways to help others. |
| YES | NO | 8. I prefer analytical thinking to solve problems. I am intrigued by an intellectual challenge. | YES | NO | 21. I might describe myself as traditional, dependable, organized, and thorough. |
| YES | NO | 9. I like to see immediate results from my work. I also like to build or fix things. | YES | NO | 22. I enjoy strong, even argumentative, intellectual discussions about a topic of interest or expertise. |
| YES | NO | 10. I prefer to work in an informal unstructured environment where there are few rules to follow. | YES | NO | 23. I might describe myself as practical, conservative and self-reliant. |
| YES | NO | 11. I tend to seek out the leadership role in class projects, sports, and even at work. | YES | NO | 24. I do NOT like to bother with details. Instead I like to visualize possibilities and the final product I'm good at motivation others to accomplish what needs to be done. |
| YES | NO | 12. I do NOT like ambiguous situations. I prefer knowing exactly what is expected of me. | | | |
| YES | NO | 13. I focus on bottom line results and I'm good at motivating others to accomplish what needs to be done. | | | |

SEE THE BACK TO SELF SCORE YOUR TEST.

CIRCLE those numbers on the chart below that correspond to your **YES** responses only.

R 1 9 14 23

I 2 4 8 22

A 3 10 15 24

S 5 16 17 20

E 6 11 13 19

C 7 12 18 21

Which CODES shows your strongest preference?

Which CODES do you seem to prefer the least?

See the bottom of the page to see how your codes relate to college majors.

REALISTIC MAJORS

“Doers”

Aerospace Engineering, Civil Engineering, Electrical Engineering Technology, Environmental Engineering, Industrial Engineering, Health/Athletic Training, Liberal Studies, LS - Nanoscience and Nanotechnology, Mechanical Engineering, Physical Education, Radiologic Sciences, Sports and Fitness.

INVESTIGATIVE MAJORS

“Thinkers”

Actuarial Science, Aerospace Engineering, Anthropology, Biology, Cardiopulmonary Sciences, Chemistry Civil Engineering, Communicative Disorders, Computer Engineering, Criminal Justice, Digital Media, Economics, Electrical Engineering, Electrical Technology, Engineering Technology, Environmental Engineering, Forensic Science, Health Sciences, History, Industrial Engineering, Information Systems Technology, LS - Nanoscience and Nanotechnology, Mathematics, Mathematics Education, Mechanical Engineering, Medical Laboratory Sciences, Molecular Biology, and Microbiology, Nursing, Physics, Psychology, Radiologic Sciences, Science Education, Sociology, Statistics

ARTISTIC MAJORS

“Creators”

Advertising and Public Relations, Art, Art Education, Digital Media, English, English Language, Arts Education, Film, Foreign Language, French, History, Humanities, Interpersonal Communication, Journalism, Legal Studies, Liberal Studies, Music, Music Education, Music Performance, Organizational Communication, Philosophy, Photography, Political Science, Radio and Television, Spanish, Theatre

SOCIAL MAJORS

“Helpers”

Anthropology, Art Education, Communicative Disorders, Criminal Justice, Early Childhood Education, Elementary Education, Exceptional Student Education, Foreign Language Education, History, Liberal Studies, LS– Women’s Studies, Mathematics Education, Music Education, Nursing, Physical Education, Political Science, PS - International Studies, Psychology, Science Education, Social Sciences, Social Science Education, Social Work, Sociology, Sports and Fitness, Technical Ed and Industry Training

ENTERPRISING MAJORS

“Persuaders”

Accounting, Advertising and Public Relations, Economics, Finance, General Business, Health Information Management, Health Services Administration, History, Hospitality Management, Interpersonal Communication, Liberal Studies, Management, Management Information Systems, Marketing, Organizational Communication, Political Sciences, Public Administration, Restaurant and Food Service Management

CONVENTIONAL MAJORS

“Organizers”

Accounting, Actuarial Science, Information Systems Technology, Information Technology, Legal Studies, Liberal Studies, LS - Computer Information Technology, Mathematics, Mathematics Education, Restaurant and Food Service Management, Statistics

**For a more complete discussion about your career interests, visit a
Career Advisor in Building 115, Room 224
For Appointments, call (386) 506-3073**